**Professional Case Consultation Form**

1. **Counselor Information**:
Name:
Profession, including what type of licensure and where you hold:
Have you been trained in IFS (if yes, what is highest level of training and date?)
2. **Client demographic information**: age, gender, sexual orientation, cultural/ethnic background, educational level, romantic relationship/partnership status, employment status, living conditions and who is sharing household with the client, dependent children (present afe and gender for every child, indicate any special needs) etc.
3. Describe **client’s family of origin**, including all biological and non-biological family members that client shared household with. Describe different cultural aspects of their family (geographical, ethnic, gender, immigration status, SES, etc). Please, include, family genogram (OPTIONAL, but DESIRABLE) with your form. Describe any significant aspects of attachment development, including most significant wounding.
4. Describe **client’s presenting problems**
5. Please, provide a summary of your assessment, including your working diagnosis, safety & risk assessment, levels of current functioning, levels of substance use, other addictive behaviors/issues**, what is the nature and length of client’s traumatization**
6. **Describe client’s coping:** include both functional and dysfunctional coping strategies
7. Describe your **clinical conceptualization of the client**, including what theoretical lenses/framework you are suing to understand this client’s struggles
8. How do you **feel in the room with the client**?
9. Describe any experiences throughout your work with this client that stood out to you
10. What is/are your primary consultation question(s)? Please, list **no more than 3 questions**. I encourage you to spend some time reflecting on and formulating your consultation questions. The more specific and precise you are, the more you will get out of the consultation.